

GENERAL ASSESSMENT (ectomorphic/mesomorphic/endomorph)			
Height	Weight	BMI	Bra Size

BREAST EXAMINATION

- Chest/sternum/pectoralis major/spine/hands _____

Parameter	Right	Left
Lymphoedema		
Skin quality	Poor/moderate/good	Poor/moderate/good
Breast tissue quality	Fatty/fibrous/mixed	Fatty/fibrous/mixed
Radiotherapy changes	Mild/moderate/severe	Mild/moderate/severe
Ptosis	I/II/III	I/II/III
Pinch test(breast tissue)	Cm	cm
Lumps		
Lymph nodes		

N.B Skin quality is checked by pinch test in upper pole of breast with patient supine.

DIAGRAM**MEASUREMENTS**

Measure	Right (cm)	Left (cm)
Sternal notch to nipple		
Nipple to IMF		
Breast base		
Height of breast		
Projection		

Any special features of the nipple/areola area R L

Nipple sensitivity R Poor/moderate/good L Poor/moderate/good

DONOR SITES (For reconstruction cases only)	
LD flap	Adequate pinch test Y/N LD with implant/ELD Contraction of LD Y/N
DIEP flap	Excess abdominal tissue Y/N Divarication of recti Y/N Hernias Y/N Abdominal scars Y/N Please specify _____ DIEP Y/N
SGAP/IGAP/TUG flap	

PHOTOGRAPHS Y/N Self/Medical photography Consent taken Y/N

- Breast reconstruction leaflet given? Y/N
- Patient information system given? Y/N
- Photographic series and breast reconstruction presentation shown? Y/N
- Appointment with breast reconstruction nurse practitioner made? Y/N
- Advised to stop smoking? Y/N

TREATMENT OPTIONS DISCUSSED

Primary options: Implants/TE/LD with implant/ELD/DIEP/fat transfer

Secondary surgery: Implants/mastopexy/reduction/nipple reconstruction/fat transfer/liposuction

TREATMENT DETAILS (please attach copy of operation note, CT angiography result, abnormal histology etc)

COMPLICATIONS

FURTHER SURGERY